

General Manager Focus



Spring is here!

Welcome to Spen Court's spring newsletter!

Firstly a huge thank you to all my wonderful staff team, everyone gives the home 100% I really want to thank each staff member for all the hard work they do.

We have lots of wonderful things coming up over the next few months and would really love some fresh ideas and suggestions on anything from activities to events, your suggestions really mean the world to us all in improving the home.

We have a brand new resident ambassador, Elaine who will help be a voice for residents as well as been involved in recruitment of new staff as well as many other areas.

We are always looking for positive reviews via carehomes.co.uk so the next time you are visiting please collect a review form from reception and don't forget we love a 5 star review.

Easter is just around the corner, and we have an Easter egg hunt on Monday 25th March for our resident's and our visiting intergenerational links with Dewsbury cooperative nursery children which will be a lovely fun morning.

I wish you all a wonderful Easter.

Paula
General Manager

Dates for your Diary

Upcoming events. All welcome to join us. If you would like more information please ring the home.

MARCH

5th Barchester's Charity Foundation presentation – Umbrella Yoga

7th 2.30pm
Virtual Live Event –
Legendary London Ladies

26th 2.30pm
Virtual Live Event – Beat the clock – Word Game

28th 2.30pm
Ballroom Dancercise

APRIL

4th 2pm
Virtual Event Chocolate Factory visit

27th Open Day – The doors will be open to welcome you into the home. Staff will be on hand to offer any questions you may have about life in a care home.

MAY

11th 2pm - Pantomime



NEWS FROM IN AND AROUND Spenn Court

RAMADAN

Here at Spenn Court we like to look into different cultures & beliefs.

The month of March is Ramadan, the holiest month in Islam.

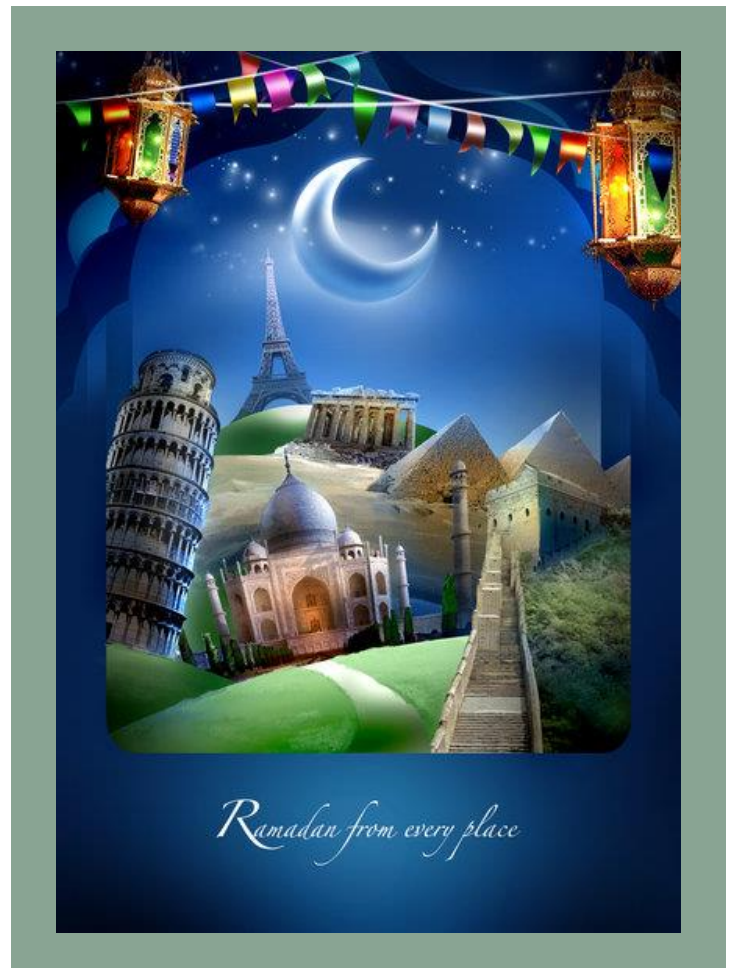
This is a period of fasting, prayer and reflection. Lasting 30 days, it commemorates the first revelation of the Quran to prophet Muhammed. From dawn to sunset, Muslims abstain from food and drink, fostering self – discipline, empathy and spiritual growth.

Iftar, the meal eaten every day after sunset during Ramadan.

The month of March also celebrates Eid al-Fitr. This is known as the ending of the fasting.

This is a celebration – similar to such events at Christmas.

Spending time with family and friends and feasting on homemade meals.





SHROVE TUESDAY

Why do we eat pancakes on Shrove Tuesday?

It was the last chance for a spot of indulgence before 40 days of fasting, and also an opportunity to use up food that couldn't be eaten during Lent.

This included eggs, fat and milk, which were made into pancakes and eaten on that day.

Residents decorated their own pancake with a choice of fresh fruits, chocolate spread and of course the tradition of golden syrup & lemon juice.

SPOTLIGHT ON...

Barchester's Charitable Foundation made a donation to Umbrella Yoga.

Their mission is to provide Yoga sessions to people with additional physical and mental needs within West Yorkshire, Kirklees



What we've been up to...



Barchester's Bingo Bonanza

Spennings Court have many virtual live events throughout the month. These can be found via YouTube or Zoom. For any information on any of the virtual live events please speak to a team member.

SAINT DAVID'S DAY

What is St David's Day celebrated for?

Traditionally known as the "feast day of Saint David", March 1st has been a day of celebration in Wales since the 12th century and as well as St David as his achievements, it's a day to honor Wales as a whole.

The daffodil is the national flower of Wales and is traditionally worn on St David's Day,



LET'S TALK
facebook

We like to showcase our activities & events on our homes Facebook page.

Feel free to take a browse, make a comment and share our posts.

Don't forgot to follow us at
<https://www.facebook.com/BarchesterSpenCourt>

NEWS FROM IN AND AROUND Spen Court

Mother's Day – 10th March



Thank You

From all the team at Spen Court we'd like to say a big thank you to you all for all your support and understanding over the last few months. We'd love you to leave us a review if you haven't already at carehome.co.uk/submitreview or email reviews@carehome.co.uk

Celebrations in our home

Each month we nominate a team member who we think has gone above & beyond.

Congratulations & a very big well done to Millie Middleton for receiving the award for the month of January.



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BARCHESTER

Celebrating life