

Hickathrift House

NEWSLETTER


BARCHESTER
Celebrating life



Blooming Beautiful May

General Manager Focus

Hello warmer weather and blooming flowers. Inside you'll find the latest and greatest plans for June from Father's Day to, and a Carer's Café for the Community. As well as catching up on what we've been busy with in May.

I'd like to start by welcoming all the new residents and staff to Hickathrift House Care Home. It's delightful to meet you all and we're looking forward to getting to know you. I truly hope you all enjoy being here and are excited to join in the celebrations this month.

We've been able to get in the gardens for our Spring fair and Dementia Café this month. We've loved visiting an array of places on our outings especially the Spalding Flower Festival and local museums. The team hosted our Bingo Fundraiser and did exceptional work raising £1424. Three Post a Wishes have been granted which is just incredible. Please don't hesitate to contact us to arrange more events that celebrate life at Hickathrift House specifically for your loved one.

June is looking even brighter and busier with D-Day reminiscing, a Father's Day celebration and our first 'Get Moving Week'. We hope you'll be able to join us for our celebrations, events, and activities.

I'd like to take a moment to ask you to leave Hickathrift House Care Home a review on carehome.co.uk. We are always striving for 5 stars and would love to hear about your experience.

Thank you for your ongoing support,
Paula Colman,
General Manager



Dates for your Diary!

We hope you'll join us this June...

- 2nd Songbird & the Crow Musical Entertainment
 - 6th D-Day
 - 7th A Day in France
 - 9th Perfume Designing Workshop with ARTisau
 - 10th – 16th Carer's Week
 - 11th Carer Thank You Event
 - 16th Father's Day with KJ & the Catt
 - 17th – 23rd Get Moving Week
 - 18th A Day in Canada
 - 20th Hedgehog Safe Homes with Royston Rachel's Hedgehog Hotel
 - 20th Rustic Relics Musical Performance
 - 24th – 31st Care Home Open Week
 - 28th Knit & Natter Club
- JULY**
- 4th Rock n Roll Party
 - 6th Viva La Voca Choir
 - 7th Willy Wonka Afternoon
 - 14th Community Car Wash

You can find more details on Carehome.co.uk.



WHAT WE'VE BEEN UP TO AT Hickathrift House

LOCAL HISTORY MONTH

Discovering more about what is in our own backyard.

Staff, residents, and their loved ones have had the absolute pleasure of visiting two of Wisbech's most amazing local museums during Local History Month. We learnt so much about Wisbech and some incredible local heroes at the Octavia Hill Birthplace Museum and Wisbech and Fenland Museum. We couldn't help but pick up a few local history books and continue to learn even more about Wisbech in the comfort of our armchairs back at Hickathrift.



DEMENTIA ACTION WEEK

What an incredible week, full of reminiscing and fun.

It was a wonderful week which started off with a trip to the Light Cinema for a Dementia Friendly Screening of 'On the Town'. We enjoyed brand reminiscing from as far back as the 1920s, Cadbury chocolate tasting, sensory namaste trolley, family reminiscing and explored the sensory garden during our Dementia Café.

TRAVELLING AROUND THE WORLD AT HICKATHRIFT

From Scotland to Brazil and so many more countries to visit.

Residents always have a wonderful time exploring the various countries and cultures so far this year. This month we celebrated Spain and Africa with music, armchair travels, and decorations as standard. If you have any new or used post cards, you no longer want please donate them to our travel reminiscing books. Next month we are off to France and Canada!



POST A WISH CELEBRATIONS

This month our team has had the privilege to grant Richard's Post A Wish. Richard's wish was to relive his racing horse days, so we took a trip to Fakenham Racecourse, and he was able to embrace the atmosphere. Richard had a wonderful day celebrating his passions.



Join us for our events throughout June.

80th Anniversary of D-Day

Thursday 6th – From 12pm

Time to remember the contributions in WW2 with music, poems and lighting the lamp

A Day in France

Friday 7th – All Day

Travel from the comfort of your armchair, enjoy pastry tasting and learn about decoupage crafts.

Carer's Week

Monday 10th – Sunday 16th

Celebrating our incredible carers all week from thank you notes to themed poetry.

Father's Day

Sunday 16th – All Day

Celebrating our superb gents with a sports quiz and musical entertainment at 2:30pm.

Get Moving Week

Monday 17th – Sunday 23rd

Feel reinvigorated with an array of physical wellbeing games and classes.

Care Home Open Week

Monday 24th – Sunday 30th

Opening our doors to the public with an array of community events. Come make new friends with the local ladies and gentlemen.

Virtual Events

Tuesday 25th - 2:30pm – Barchester Goes Gaming Event

Gentle Exercise Classes

Thursday 13th - 3:00pm – Resistance Band Training from JG Fitness.

Tuesday 4th & 18th - 3:00pm – Dancercise with Vicki

All welcome to join! Any questions contact the Activities Team.

Hickathrift House Care Home, 217 Smeeth Road, Marshland St James, PE14 8JB

01945 430 636 • www.barchester.com/HickathriftHouse





WHAT WE HAVE PLANNED AT **Hickathrift House**

D-DAY 80TH ANNIVERSARY

Time to remember!

We will be hosting a range of WW2 activities throughout the week, specifically on the 6th from 12pm we'll be using memorabilia packs, listening to music and poetry and at 4pm light the lantern to remember.

CARER'S WEEK

Help us celebrate our carers!

We will be creating a thank you tree in reception. Please don't hesitate to write your own thank you or email them in. It is greatly appreciated. Staff, residents and loved ones are invited to our Thank You Event on Tuesday 11th at 2:30pm.

FATHER'S DAY

Come celebrate the gentlemen on the 16th.

Join us for a fabulous day including sports quizzes and dancing. We want all the gentlemen to feel one in a million. We will be hosting a special Fathering Sunday Roast and if you'd like to book, please let us know before the 9th of June and the prices and full menus will be sent to those interested. From 2:30pm we'll be joined by residents' favourite singers, KJ & the Catt for an afternoon of fun. The theme for the day is King's and Royalty.

GET MOVING WEEK

We have a whole week planned of energising fun.

Join us as we keep fit and healthy while raising money for the Barchester Charitable Foundation. We will be creating a range of fun ways to keep fit and raise money so check carehome.co.uk for more details.

UPCOMING OUTINGS

2nd – Methodist Church Service

5th – Stories of Lynn Museum

6th - Community Book Club

8th – Summer Fair at Walpole St Andrews Church

12th – Hunstanton Beach Trip

13th – Community Crafty Ladies

17th – Monthly Pub Outing

19th – Coffee Morning at the Local Methodist Church

21st – Chinese Restaurant Outing

23rd – Marshland Farmers Market

23rd – Norah's Garden Party

26th – Banham Zoo Trip

29th – Rose Fair Parade

If you'd like to volunteer for one of our trips or join your loved ones, please don't hesitate to get in contact with our Activities Team for more information. Do you have any suggestions on places to visit? Contact our Activities Team!



PAST COMMUNITY EVENTS AT Hickathrift House

SPRING FAIR

A perfect family fun day for residents' their loved ones and locals.

The celebration was full of energy with balloon modelling, face-painting, games, over 15 stalls from local businesses, and even a visit from the newly appointed Mayor of Wisbech! Jean, Barrie and Betty were manning the stalls with our management team Paula and Sarah. Our Chef cooked a delicious BBQ while we listened to the incredible singing of KJ & The Catt. It was an incredible event and thank you to everyone who joined us and to those who donated. We raised an impressive £522 for the residents!

The fantastic local businesses who joined us were:

- KJ Entertainments (Face painting, balloon modelling & singing)
- ARTisau
- Norfolk Tea Company
- Janine's Prize Every Time Games
- Warehouse Utility
- Ryson Rachel's Hedgehog Hotel
- Art By Char
- BooGee
- Spanish Cleaning Co
- Demi Crafts
- Ridgeway Flowers
- Wisbech Galgo & Pondecoco Rescue
- Gift Box Galore
- Balloon and Party Hire
- Auto Fusion Detailing - A Car Washing service from two entrepreneurs

BINGO FUNDRAISER

What a superb event for all.

Our team came together to host a spectacular night. We are thrilled to announce we raised an outstanding £1424 for our life enriching activities.

We'd like to say a HUGE thank you to everyone who attended, the fabulous bingo caller Brian and his wife Sally, the spectacular staff who supported the event, a lovely thank you to the residents who helped make 48 buns for the night and of course a giant thank you to the family, friends, staff, residents and local companies who donated such brilliant prizes for our bingo and raffle.

A special thank you to these wonderful local companies who donated superb prizes:

- Play2Day Wisbech Adventure Golf Tickets
- 2x Tickets to the Majestic Cinema
- ARTisau Gifts
- H2O Vend Ltd Chocolate Bouquet
- 1 night stay for 2 at Glamping with Llamas
- Nici's Creations
- Fountain fresh Imports Hamper
- Lots Bridge Farmhouse Swimming Pool for 6
- Marshland Hall & Tearoom Local Produce
- £50 Holiday Voucher from Sun Lounger Travel
- 3x ticket entries to High Lodge, Thetford
- Gorefield Alpacas Adoption Pack
- Skylarks Garden Centre Family Ticket
- Selection of 4 Toys from Tesco Wisbech
- Blended Monkey Crafts Workshop Pass
- Ridgeway Flowers Floral Hamper
- Bottles from Skylarks Pre-School



COMMUNITY NEWS IN AND AROUND Hickathrift House

AMBER COTTAGE FLOWERS

Seasonal chemical-free flower subscriptions.

Cindy, owner of Amber Cottage Flowers worked in the care industry for many years and has seen how flowers brighten up someone's week. She said, "My flowers are full of scent, texture and movement and the bouquets will change with the seasons".

Cindy has offered residents of Hickathrift House a weekly, bi-weekly, or monthly subscription for £20, a 20% discount and personally delivered to the home. Please contact ambercottageflowers@gmail.com for more information.

CARE HOME OPEN WEEK

Care Home Open Week is about connecting communities!

From the 24th to the 30th we have an array of community events, open to all! Throughout the week you'll be able to see what Hickathrift can offer you and your loved ones in terms of facilities and services, showcase our career opportunities, engage in the community, and create friendships with locals. See you there!

CAR WASH AT HICKATHRIFT

Scrub-a-dub-dub, it's time for a car tub!

Come along to our fun car wash here at Hickathrift House care home and enjoy some delicious refreshments while you wait. All cars are washed by Auto Fusion Detailing on Sunday the 14th of July from 11am to 4pm.

CHARITY OF THE MONTH

In May residents and staff have been raising funds for the Residents' Fund through our Spring Fair and Bingo Fundraiser. Together we raised an impressive £1946 to help residents live life to the fullest.

In June we'll be raising awareness and funds for the Barchester Charitable Foundation with our Get Moving Week. We really appreciate any donations for the tombola. Thank you all so much in advance.



IN OTHER NEWS...

If your loved one who lives at Hickathrift House would like to vote in the upcoming General Election on the 4th of July, please ensure you register them to vote and select postal votes. Our team at Hickathrift House will ensure they receive this and send it off in time on their behalf.



Join us for our community events throughout June

Community Coffee Morning

Friday 14th – 10:30am – 12pm

Discover something new with interesting activity sheets and meet new people over a hot beverage and treats.

Toddler Morning

Saturday 15th – 10:30am – 12pm

Enjoy a morning of intergenerational fun as we make items for Father's Day together.

How to be Hedgehog Friendly with Ryston Rachel's Hedgehog Hotel

Thursday 20th – 11am – 12pm

Learn all about hedgehogs and how to make your home friendly for our wildlife friends with Ryston Rachel's Hedgehog Hotel as well as more about this amazing charity!

Dementia Café

Friday 21st – 10:30am – 12pm

Stimulating the mind, body, and soul for those living with dementia and their carers.

Care Home Open Week

Monday 24th – Sunday 30th

Come meet new people and experience life at Hickathrift House.

Monday 24th – 10:30am – 12pm – Care Home Open Week Launch

Tuesday 25th – 2:30pm – 3:30pm – Barchester's Beat the Clock (Virtual Event)

Wednesday 26th – 2:30pm – 4pm – Community Bingo

Thursday 27th – 10:30am – 12pm – Carer's Café Morning

Friday 28th – 2:30pm – 4pm – Locals Knit & Natter Club

Saturday 29th – 2:30pm – 3:30pm – Senior Games Afternoon

Sunday 30th – 2:30pm – 3:30pm – Local Gentlemen's Club



Refreshments are provided and everyone is welcome. Please contact us to book a space.

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LET'S TALK *facebook*

Don't forget to follow us at
@BarchesterHickathriftHouse

Our best story this month
had 80 likes, comments &
shares.

Richard's Wish

This month Richard's wish was granted by our Post a Wish initiative. Richard owned a racing horse, 'Sleepy Blue Ocean' in his younger years and loves keeping up with the latest races on TV. He often reminisces about his winning races, best jockeys and rainy days at the races, so our team worked on preparing a beautiful day at the races for him and friends.

Our Facebook page is updated every day with photos of life at Hickathrift House Care Home and we appreciate all your comments, likes and shares.

NEW COMMUNITY EVENTS AT HICKATHRIFT HOUSE

HOW TO BE HEDGEHOG FRIENDLY

Come discover all about these adorable garden animals.

We are incredibly excited to introduce Ryston Rachel's Hedgehog Hotel to Hickathrift House on the 20th of June from 11am. These wonderful volunteers will tell us all about how to make our gardens more hedgehog friendly, as well as about these wonderful creatures and their own charity. This marvellous talk is free and open to the entire community.

Please let us know you're coming by calling 01945 430636 to ensure we have enough refreshments. Thank you in advance.

Thank You

From all the team at Hickathrift House we'd like to say a big thank you to you all for your support and understanding.
Thank you for getting involved.

We'd really appreciate a review from you and your family about your opinions of Hickathrift House at [Google](https://www.google.com) or [Carehome.co.uk](https://www.carehome.co.uk)

CELEBRATE WITH US

We'd like to welcome Mary, Diane and welcome back John who have joined us this month for respite. We hope you all had a fantastic stay! Happy Birthday to the lovely Kathleen and Margaret who enjoyed celebrating with family and receiving personalised gifts from an Egyptian paperweight to a peace lily. Congratulations to Kerry, one of our amazing Carers for being voted Employee of the Month for April! She was voted because of her kindness, care and positive attitude that lifts up all those around her.

Please don't hesitate to contact our Activities Team who'll help arrange special moments for your loved ones, from anniversaries to birthdays and our Post a Wish initiative.



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