



Join us for our events throughout September

Coffee and Cake with a Copper

Thursday 5th September – 10:30 am – Foyer

To celebrate International Day of Charity we have invited back the Police from Fulford Station to come and have coffee and cake with us, we will also be hosting a fun quiz together, come and join us and make new friends!



Fire Fighter Visit

Monday 9th September - 2.30 pm – Foyer

To celebrate Emergency Services Day, we have invited back the Fire Fighters of York to come and enjoy tea, coffee and cake with us and take a look around the fire engine.



Live Entertainer - Classical Duo

Tuesday 24th September – Swale Lounge

We are having a unique performance given by Thea who runs song box and her friend who will entertain us for an afternoon with songs from classical performers.



U-Sit Fit with Mark

Wednesday 11th and 25th September – Ground Floor Dining Room and 1st Floor Lounge

Participate in an energizing exercise session as we collaboratively strive for a healthier and more active lifestyle!



Animal Therapy – Pirate Parrots

Monday 23rd September – 2.30 pm Swale Lounge

Join us as we welcome Tony and his amazing parrots into the home for a flying demonstration all to the theme of pirates.

MEG – Musical Education Group

Monday 30th September – 11.00 am Swale Lounge

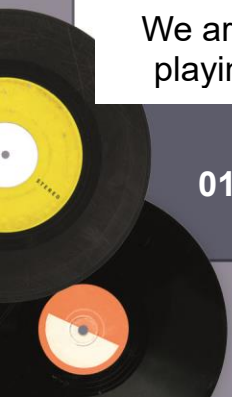
Today we are welcoming back students from the University of York for a fun and interactive singing session.



Rhythm Time York

Friday 27th September – 2.00 pm Swale Lounge

We are having a parent and toddler group in the home for some singing, dancing and playing with instruments. This month the group will be for residents on the first floor.



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